

Biofilm in fungal infections and therapeutic approaches for infections caused by biofilm forming fungi

Invasive Fungal Infections

- *Candida sp* : 70% to 90% of all invasive mycoses
- In patients with BSIs
 - *Candida sp* are the 4th commonly isolated pathogens in the United States and 7th in Europe
- In ICU patients
 - *Candida sp* are the 3rd cause of nosocomial BSIs
- Increased use of invasive procedures
 - Risk factors for candidemia (IV catheters and IV alimentation)
- Candidemia is associated with
 - High crude and attributable mortality rates
 - Increased costs
 - Prolonged hospitalization

Leroy O, et al. *Crit Care Med*. 2009;37(5):1612-1618, Bougnoux ME, et al *Intensive Care Med* 2008;34:292–299, Horn DL, et al *Clin Infect Dis*. 2009;48:1695-1703.

Infections Associated with Medical Devices

- **Incidence: 2 million cases each year**
- **Mortality: 88,000 deaths**
- **Resources: 8 million excess hospital days**
- **Cost: \$4.5 billion**
- **Pathogens: 70% due to organisms resistant to at least one antibiotic**
- **Association: 50% of cases are device-related**

Martone, et al. In: Hospital Infections. 1992:577-596

The NIH estimates that 80% of human infections result from pathogenic biofilms

Morphological growth forms of *Candida*

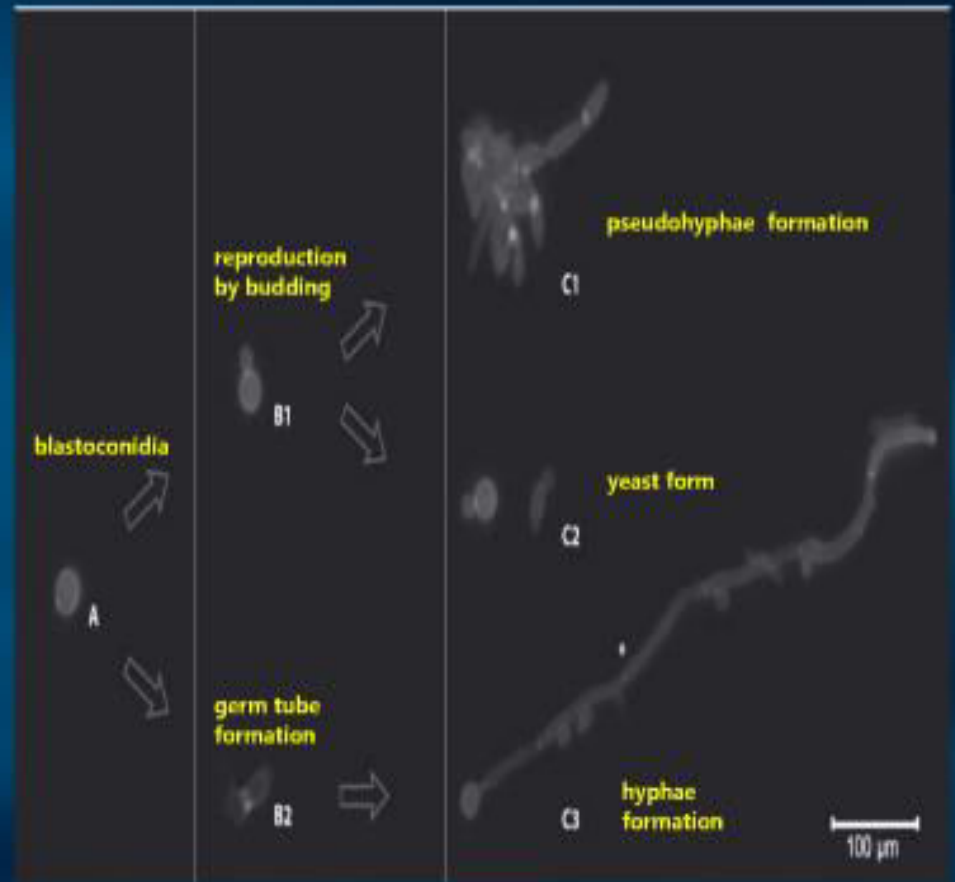
C. albicans = polymorphic fungus

- This polymorphism between yeast, hyphae, pseudohyphae forms is critical for virulence and response to environmental changes

This morphological switch depends on

- ✓ temperature and pH alterations
- ✓ CO₂ concentration
- ✓ mammalian serum

In densities $< 10^6$ cells/ml *C. albicans* cells develop into filamentous forms
at higher densities grow as budding yeasts



Epifluorescence photomicrograph stained with calcofluor white



Adhesion



colonization

immunosuppression
prematurity/bruns
neutropenia/ileus

Exogenous



Endogenous



Invasion

Mechanisms of *Candida* infections development

Eggimann & Pittet Lancet Infectious Diseases 2003

Candidemia
5-10/10'000 admissions (10% of + blood cultures)

Dissemination (eye, kidney, liver, CNS,...)



What is a biofilm ?

A structural community of microorganisms encased in a self-produced extracellular matrix that is adherent to biotic/abiotic surface.



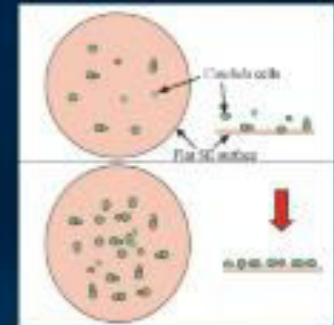
**Possible surfaces for
biofilm formation!**

- Clinically, biofilm infections represent an overwhelming problem due to the highly recalcitrant nature of the embedded microbes, which are resistant to both antimicrobial drugs as well as host defenses
- Biofilms are a protected niche for microorganisms, where they are safe from antimicrobial treatment and can create a source of persistent infection

In vitro, biofilm formation

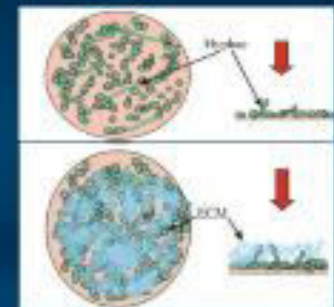
Early Phase

Yeast cells adhere to an appropriate surface and undergo morphogenesis, which is essential for normal biofilm formation



Intermediate Phase

Continued hyphal growth and Extracellular Matrix (ECM) production, which consists of cell wall polysaccharides and protein



Mature Phase

Consist of a yeast base, with hyphal elements forming a complex network encased in ECM extending away from the surface.



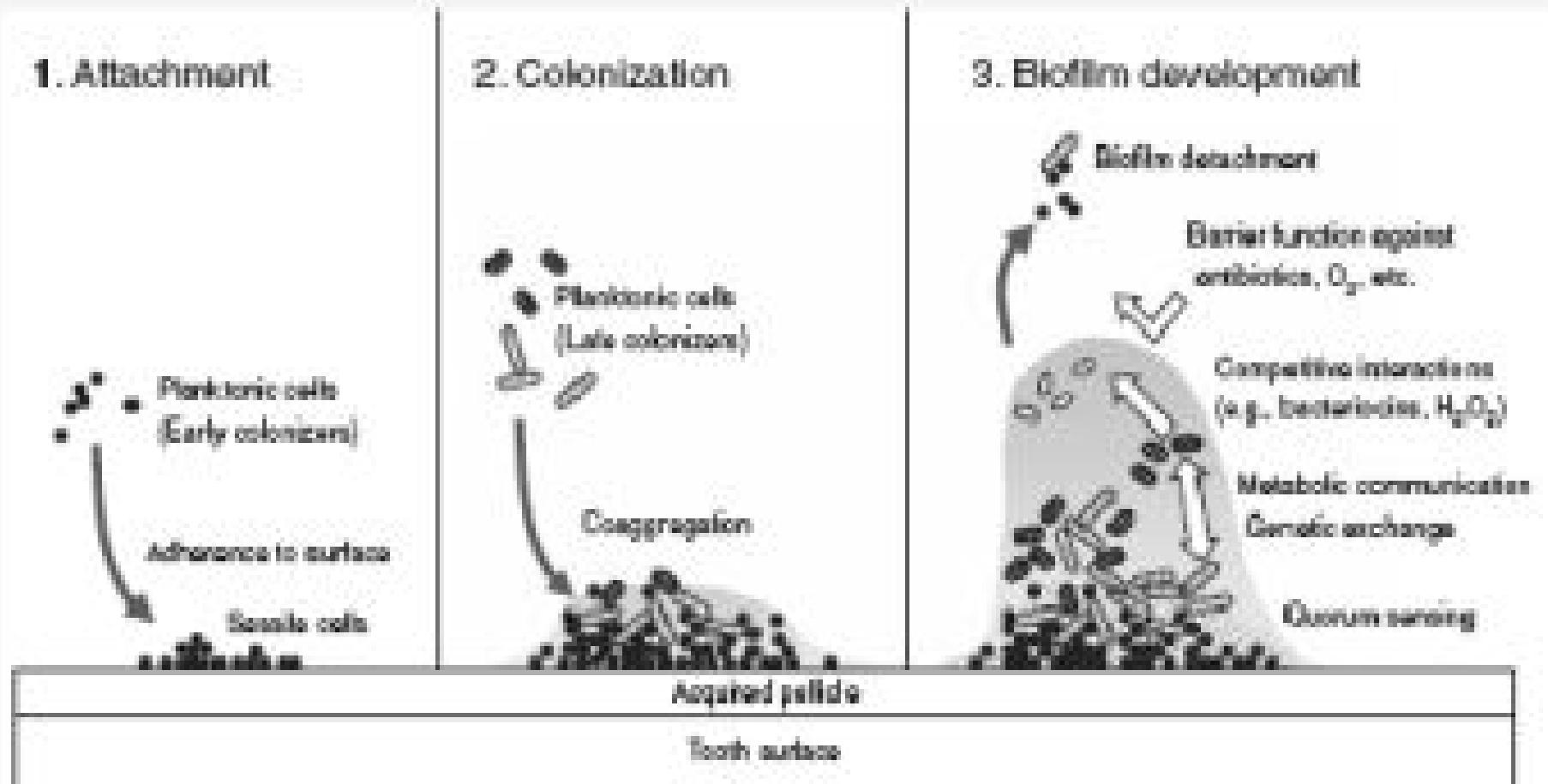
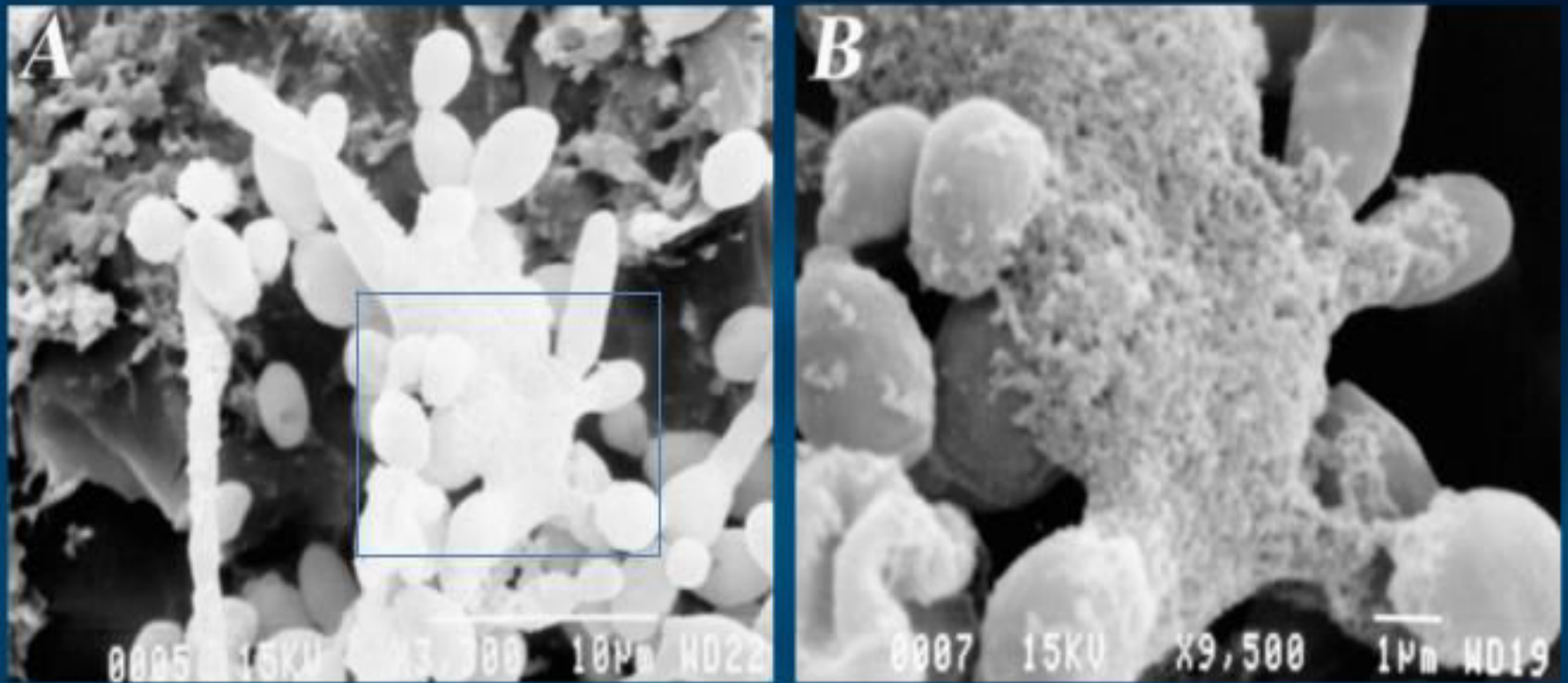


Figure 1. A diagrammatic representation of biofilm formation on the tooth surface and the potential roles of bacterial interactions. The tooth pellicle is generally colonized by early colonizers. Co-aggregation contributes to sequential binding and colonization. Bacterial interactions include metabolic communication and genetic exchange. The development of a biofilm having a high bacterial cell density increases the concentration of signaling molecules. Dental biofilms function as a barrier against deleterious factors such as antibiotics and oxygen.

Visualization of Biofilm by SEM



Dense layers of co-aggregating yeast and some hyphal forms
Fungi embedded in extracellular polymeric material
Extracellular material has amorphous granular appearance

CSLM Confirms 3 Distinct Phases of Biofilm Development

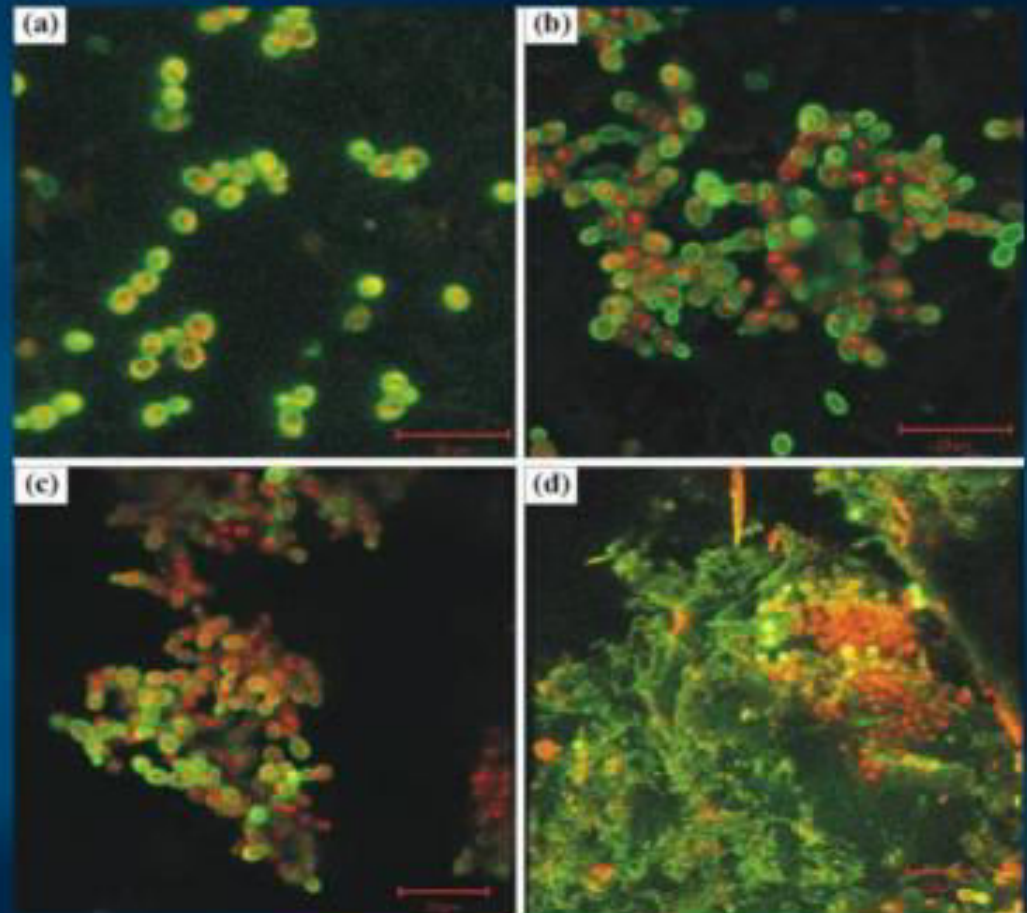
0 h, Adhesion

8 h, Proliferation

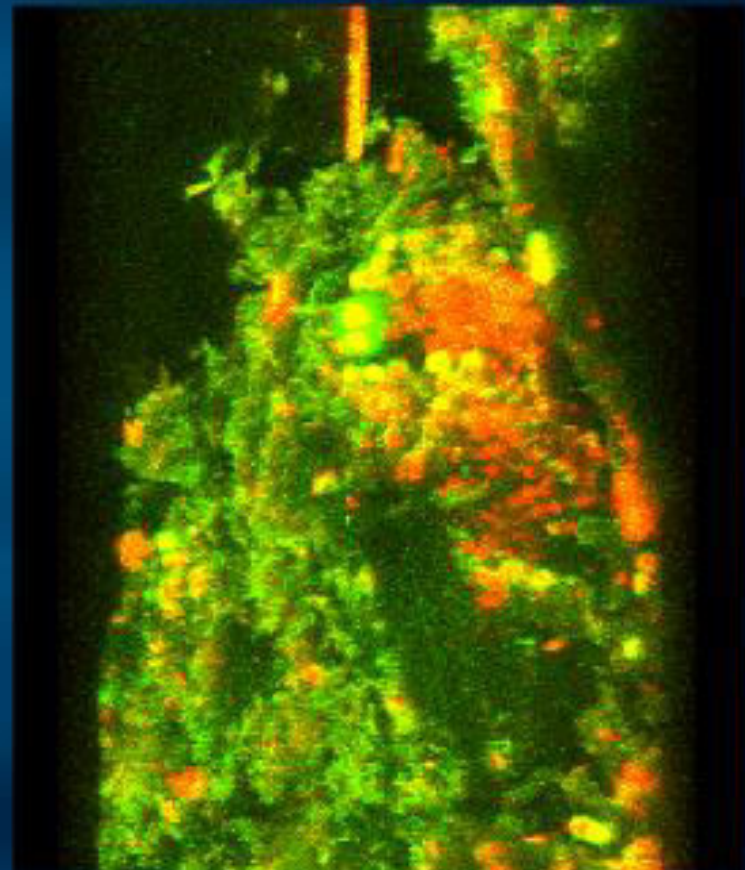
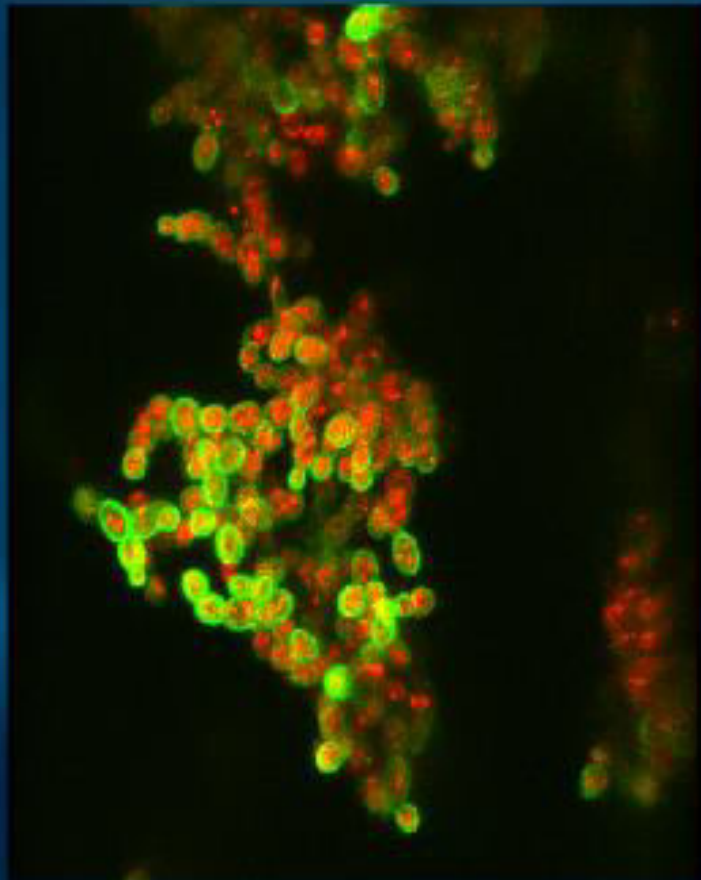
11 h, Micro-colonies

48 h, Cells within matrix

- **Green fluorescence** - ConA binding to polysaccharides
- **Red fluorescence** – FUN1 staining of metabolically active cells



Candida Biofilm – A Closer Look at the Intermediate and Mature Phases



QS and QSMs

QS is the synchronization of the expression of virulence factors by the microbial population density to regulate the developed virulence in order to overcome host defenses.

QS is a microbial communication

- occurs by the continuous release and monitoring of hormone-like molecules called auto-inducers or quorum sensing molecules (QSM)

QSMs (the most important)

- Farnesol
- Tyrosol

Quorum Sensing

- Allows bacteria /fungus to monitor the environment for other bacteria/fungi and to alter behavior on a population-wide scale in response to changes in the number and/or species present in a community.
- Quorum sensing confuses the distinction between prokaryotes and eukaryotes because it enables microbes to act as multicellular organisms

Candida biofilm



- Resistant to antifungal agents and host immune factors
- Highly dependent on **QS**
- Is controlled by **QSMs**
 - ✓ Isoprenoid, farnesol and farnesoic acid acting as autoregulatory substance (ARS)

QS = Quorum Sensing
QSM=Quorum Sensing Molecules

Farnesol and Tyrosol

- **Farnesol**

- *C. albicans* morphology
- Inhibits biofilm formation
 - ✓ **the rate of inhibition is dependent on how much time the cells had to adhere**
- **Once the cells started to filament farnesol had no effect on the development of biofilm**

- **Tyrosol**

- correlates with the increase of biomass of both planktonic cells and biofilms of *C. albicans*
- at early stages of biofilm formation stimulates hyphal growth

QS signaling pathways and receptors

1. The signaling cascades controlling the expression of genes under QS regulation in *C. albicans* remain poorly understood
2. Ras-cAMP-PKA pathway, general repressor TUP1
 - farnesol inhibits Ras-cAMP-Efg1 activity resulting in hyphal growth
 - oxidative stress induced by farnesol is dependent on Ras1-adenylate cyclase signaling pathway

Langford ML et al, *Future Microbiol* 2009; **4** : 1353 – 62, Hall RA et al, *Adv Appl Microbiol* 2009; **67**: 191– 212, Kebaara BW et al, *Eukaryot Cell* 2008; **7** : 980 – 87, Sato T et al *Biol Pharm Bull* 2004; **27** :751 – 52, Davis-Hanna A, *Mol Microbiol* 2008; **67** : 47 – 62, Deveau A et al, *Eukaryot Cell* 2010; **9** :569 – 77, Hall RA et al, *Eukaryotic Cell* 2011; **10** : 1034– 42

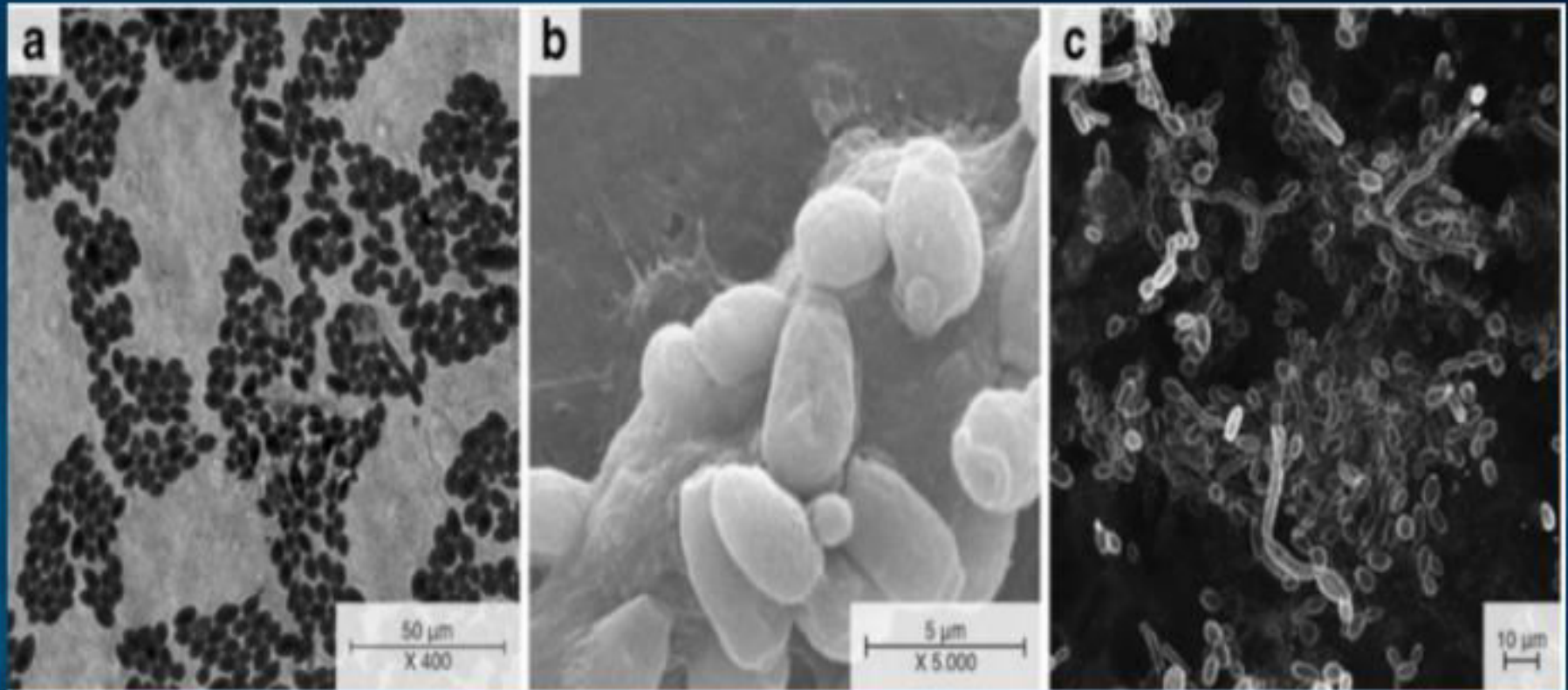
Aspartyl proteinase, phospholipase, hemolytic activities and biofilm production

- *Candida albicans* : bronchial aspirates of ICU pts
 - protease and hemolytic activities
 - aspartyl protease (facilitate invasion by degrading proteins at the site of the infection)
 - Phospholipase
 - Hemolytic activities

Sacristan B, *Medical Mycology* January 2011, 49, 94–97

Candida tropicalis

remarkable capacity to create biofilms



Optical micrograph of *C. tropicalis* on silicone coupons

Scanning electron micrograph of *C. tropicalis* adhered to a human epithelial urinary bladder cell line

Confocal laser scanning microscopy image of *C. tropicalis* adhered to a reconstituted human oral epithelium

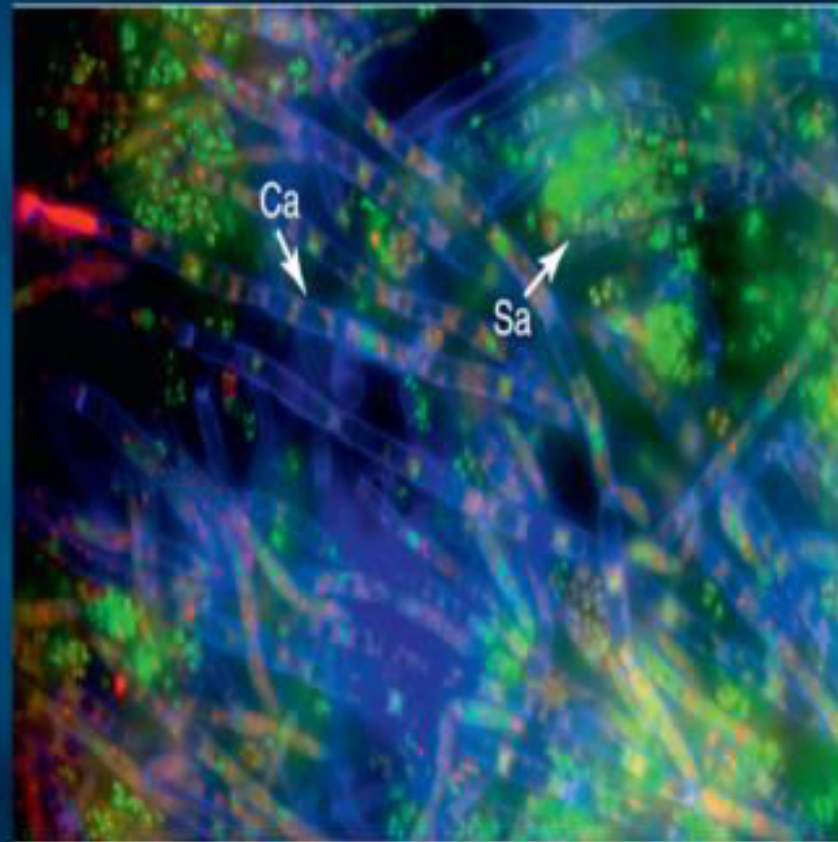
Candida albicans monomicrobial and polymicrobial biofilms

The National Institutes of Health estimates that 80% of human infections result from pathogenic biofilms

(<http://grants.nih.gov/grants/guide/pa-files/PA-99-084.html>)

An estimated 27–56% of nosocomial *C. albicans* bloodstream infections are polymicrobial

Staphylococcus epidermidis,
Enterococcus spp. *Staphylococcus aureus*

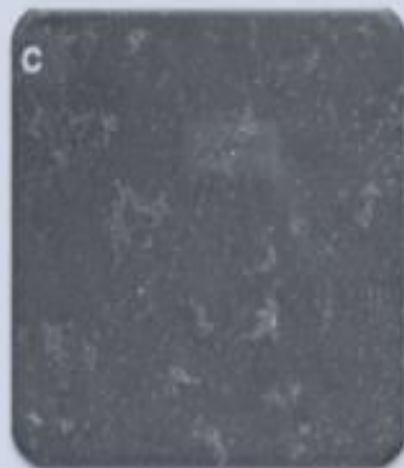
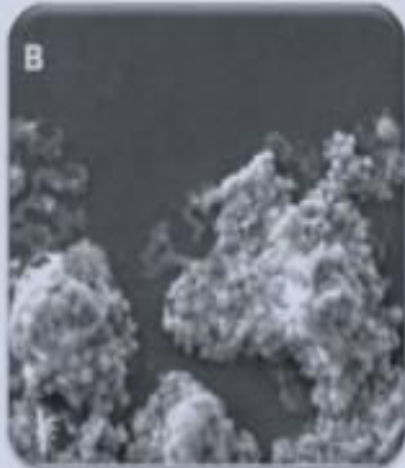
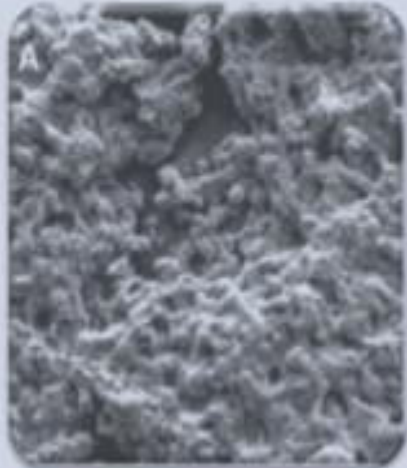


Polymicrobial biofilm of *C. albicans* and *S. aureus*.

Candida Colonization of the Respiratory Tract and Subsequent Pseudomonas Ventilator-Associated Pneumonia*

Elie Azoulay, MD, PhD; Jean-François Timsit, MD, PhD; Muriel Tafflet; Arnaud de Lassence, MD; Michael Darmon, MD; Jean-Ralph Zahar, MD; Christophe Adrie, MD, PhD; Maité Garrouste-Orgeas, MD; Yves Cohen, MD; Bruno Mourvillier, MD; and Benoît Schlemmer, MD; for the Outcomerea Study Group†

Treatment of biofilm



Scanning electron micrographs of catheter surfaces following 7 days of therapy

Untreated

Systemic

Lock
therapy

Lock and
systemic
therapy

TABLE 1. MICs of antifungal agents against planktonic and biofilm-associated *C. albicans* (M61 and GDH) and *C. parapsilosis* (P/A71 and P92) strains^a

Drug	MIC ($\mu\text{g/ml}$) in:							
	Planktonically grown cells for strain:				Biofilm at 48 h for strain:			
	M61	GDH	P/A71	P92	M61	GDH	P/A71	P92
AMB	0.5	0.25	0.25	0.5	4	4	8	8
NYT	2	1	0.5	2	16	16	16	64
Chlor	8	8	8	8	32	8	16	64
TRD	32	32	4	1	128	128	*	128
FLC	1	0.25	8	1	>256	>256	>256	>256
VRC	0.5	8	0.125	0.03	>256	>256	128	256
Ravu	0.1	0.06	0.125	0.1	128	128	*	128
Lip-AMB	0.5	0.06	0.06	0.5	0.25	0.25	1	*
Lip-NYT	0.5	0.06	0.5	0.5	8	16	32	*
ABLCL	0.25	0.06	0.06	0.25	0.25	0.25	0.25	*
Casp	0.125	0.125	1	1	0.25	0.5	0.125	4
Mica	0.001	0.001	0.25	0.5	0.25	0.5	0.125	2

^a Results are representative of at least two separate experiments. Lip-AMB and Lip-NYT are the lipid complex formulations of AMB and NYT. For details of methods used, see text. *, unable to determine MIC.

Evaluation of Caspofungin and Amphotericin B Deoxycholate against *Candida albicans* Biofilms in an Experimental Intravascular Catheter Infection Model

Jennifer A. Shuford¹, Mark S. Rouse¹, Kerryl E. Piper¹, James M. Steckelberg¹ and Robin Patel^{1,2}

J Infect Dis. (2006) 194 (5): 710-713.

J Infect Chemother (2011) 17:634–639
DOI 10.1007/s10156-011-0224-3

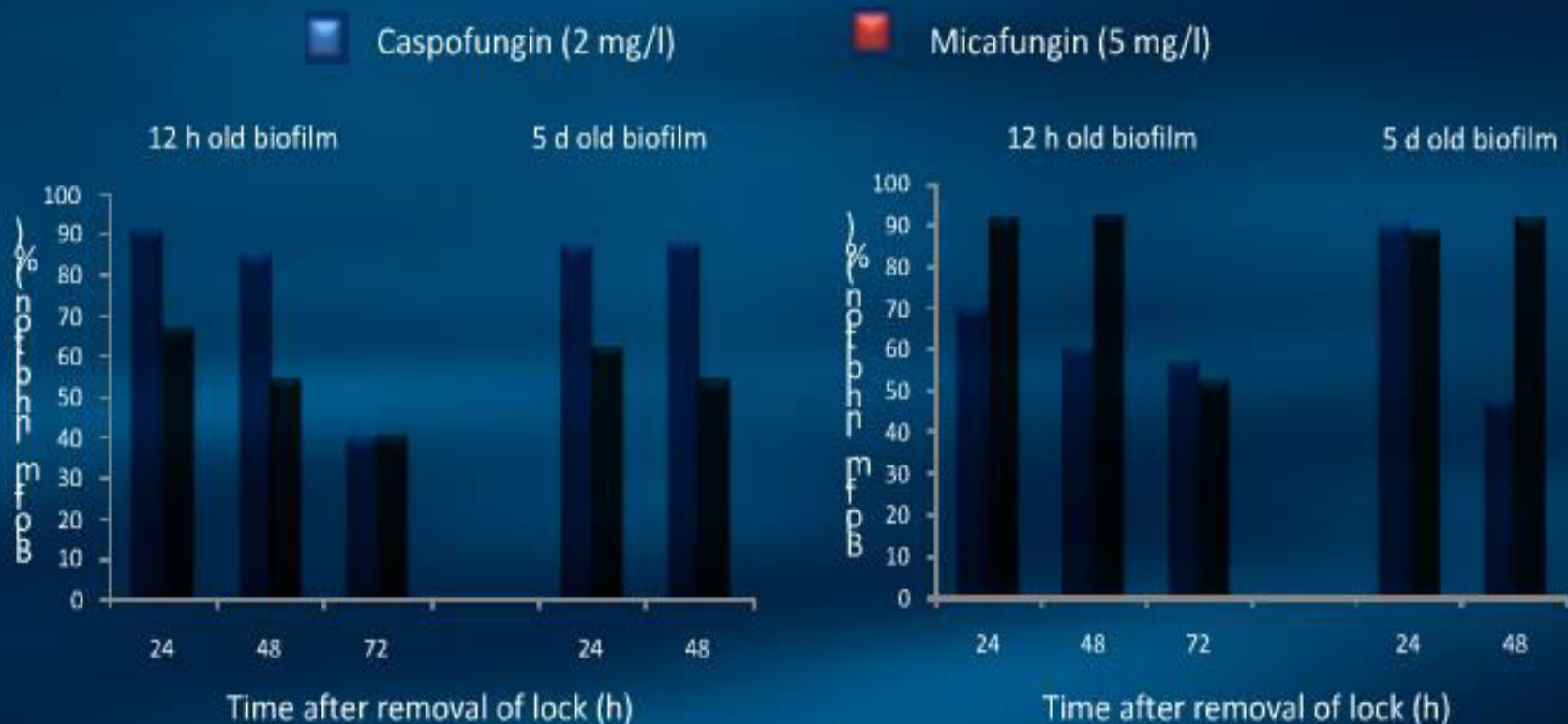
ORIGINAL ARTICLE

In vitro effectiveness of antifungal lock solutions on catheters infected with *Candida* species

Serkan Öncü

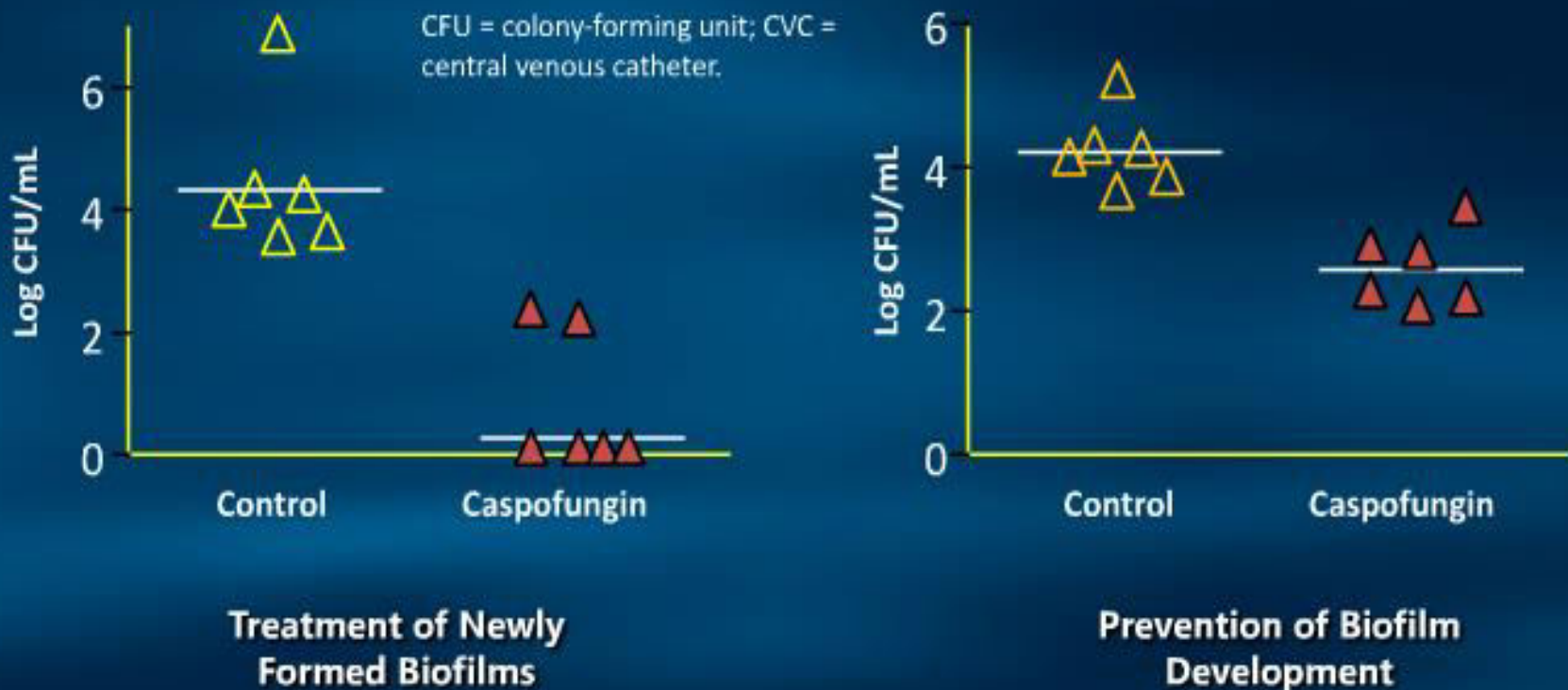
Activity of echinocandins against biofilms

- Micafungin and caspofungin activity against intermediate and mature-phase biofilms of two separate *Candida albicans* strains
 - ATCC 3153 (left) and ATCC 66396 (right)



In vivo efficacy of echinocandins

Prevention and treatment of *C albicans* biofilms formed in mice CVC-associated candidiasis



Treatment of *Candida* biofilm

Antifungal Agent	Amph-B	Voricon-	Caspo-	Anidula-
Sessile MIC90 (µg/ml)	2	>256	2	≤0.03

In vitro sessile **antifungal** susceptibility of 30 clinical *C. albicans* isolates

Shuford JA et al Diagn Microbiol Infect Dis 2007; 57:277-281

Jacobson MJ et al AAC 2008;52:2242-43Choi HW et al AAC 2007;51:1520-1523,

Katragkou A et al AAC 2008;52: 357-360

Caspo-, Ampho-B, Posa-, in biofilm reduction regardless of the tested development phase



× MIC for Concentration of AmB

× MIC for Concentration of CAS

× MIC for Concentration of POS

Caspofungin achieved a $\geq 50\%$ reduction of 24- and 72-hour-old biofilms even at the low concentration of 1 x MIC.

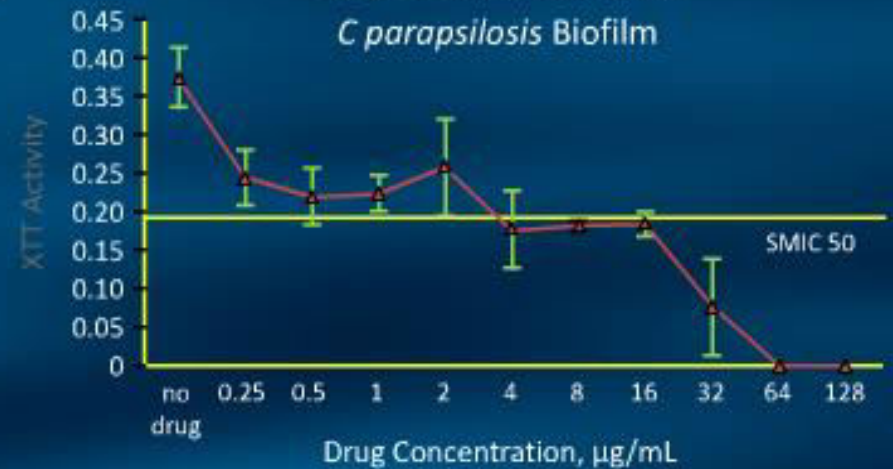
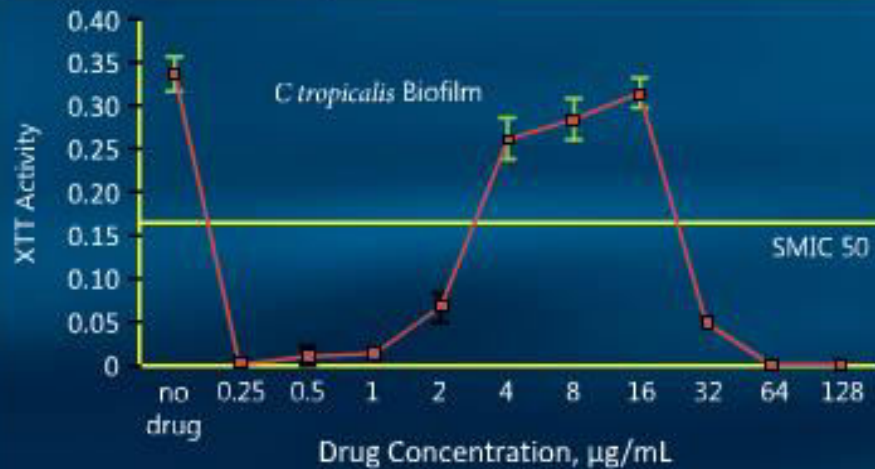
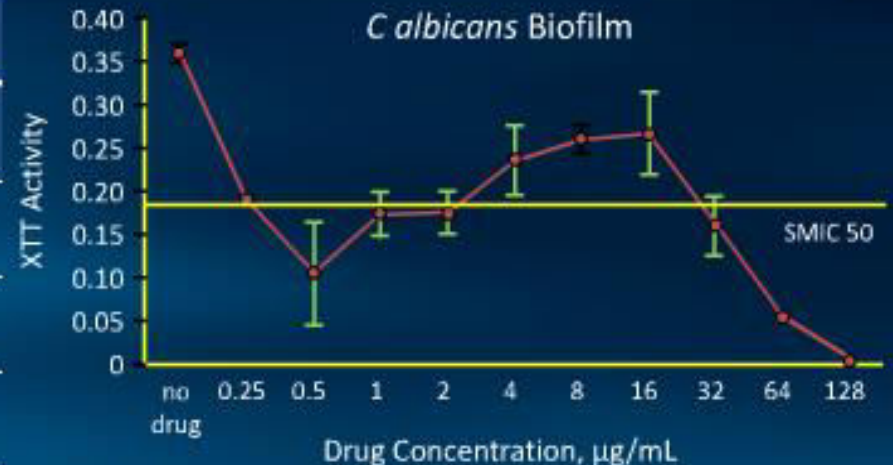
AmB = amphotericin B; CAS = caspofungin; MIC = minimum inhibitory concentration; POS = posaconazole.

Tobudic S et al. *Mycoses*. 2009;53:208–214.



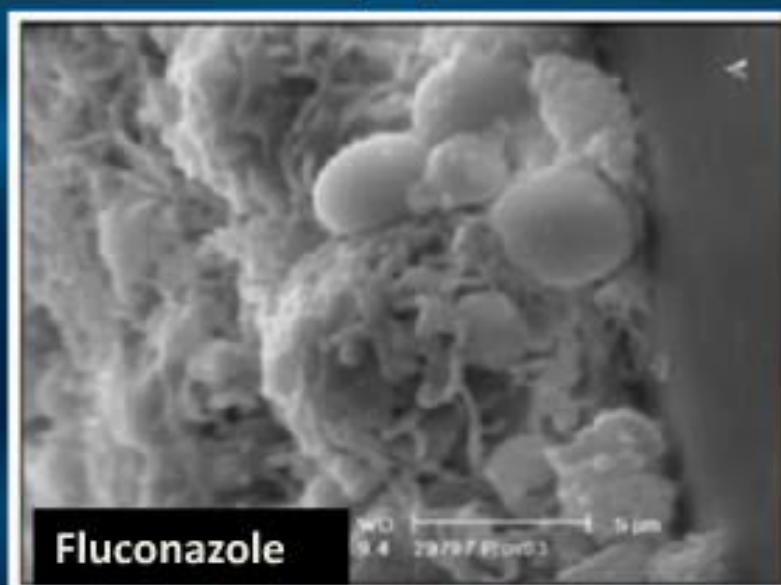
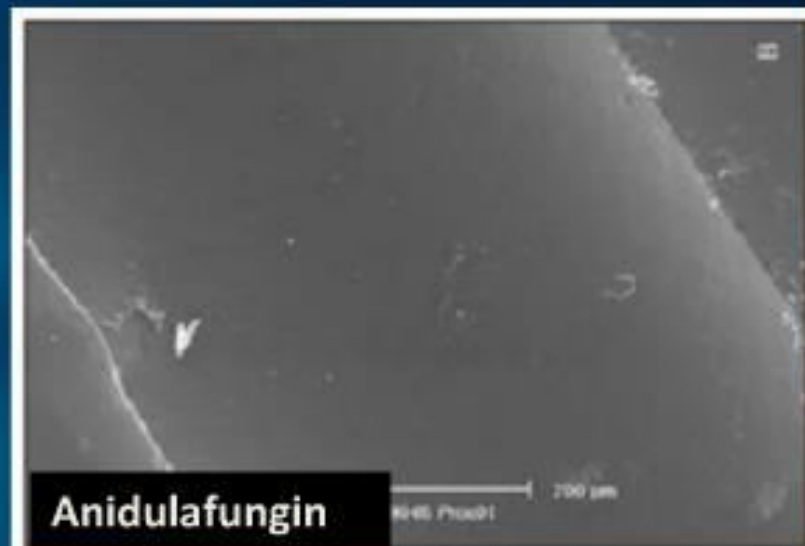
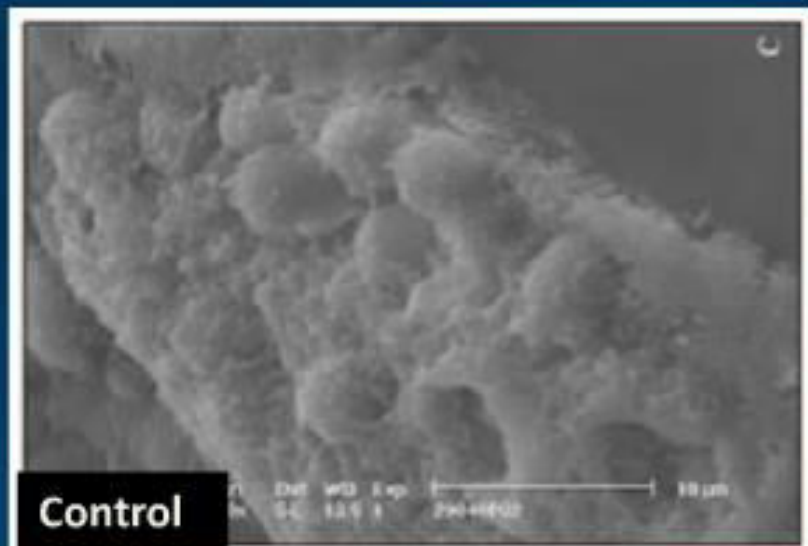
Inhibition of metabolic activity of *Candida* biofilms *in vitro*

Isolate	MIC ($\mu\text{g/mL}$) of CAS for:	
	Planktonic cells ^a	Biofilms at 48 h (SMIC 50) ^b
<i>C. albicans</i> (CA4)	0.0625	0.5
<i>C. parapsilosis</i> (CP1)	0.25	4
<i>C. tropicalis</i> (CT8)	0.0625	0.25



^aThe MIC end point for planktonic cells is based on visual determination of the lowest drug concentration that produced a prominent decrease in growth relative to the growth in the drug-free control well, ^bThe MIC end point for biofilms is based on the lowest drug concentration producing a 50% RMA relative to the metabolic activity of the untreated growth control, as measured by the XTT reduction assay, CAS = caspofungin; MIC = minimum inhibitory concentration; RMA = reduction in the metabolic activity; SMIC = sessile minimum inhibitory concentration.

Scanning electron micrograph of catheters removed from rabbits



MIC₅₀ and MIC₉₀ : planktonic form

	Anid	Mica	Caspo	Fluc	Itra	Fluco	Posa	Vori	AB
<i>C. albicans</i>									
MIC50	0,12	0,2	0,2	4	0,25	4	0,5	0,12	0,06
MIC90	0,5	0,5	1	16	1	32	4	0,5	0,1
<i>C. tropicalis</i>									
MIC50	0,06	0,06	0,06	0,25	0,25	2	0,5	0,12	0,1
MIC90	0,2	0,2	0,1	4	0,9	14	0,5	0,12	0,4
<i>C. glabrata</i>									
MIC50	0,03	0,04	1	0,18	0,5	48	0,5	0,25	0,2
MIC90	0,12	0,06	4	0,5	1,7	64	2,2	8	0,8
<i>C. parapsilosis</i>									
MIC50	0,12	0,09	0,375	0,12	0,375	3	0,25	0,09	0,045
MIC90	0,275	0,25	0,5	0,5	2	35,2	0,5	0,12	0,12
<i>C. dubliniensis</i>									
MIC50	0,265	0,265	1,125	0,56	0,53	0,185	1,005	0,265	0,28
MIC90	0,453	0,453	1,825	0,912	0,906	0,237	1,801	0,453	0,456
<i>C. guilliermondii</i>									
MIC50	1,25	1,125	8,5	0,185	2,5	2,125	0,31	0,28	0,375
MIC90	1,85	1,825	14,5	0,237	3,7	3,625	0,462	0,456	0,475
<i>C. lusitaniae</i>									
MIC50	0,265	0,14	0,185	32,06	0,185	0,31	0,13	0,28	0,375
MIC90	0,453	0,228	0,237	57,612	0,237	0,462	0,226	0,456	0,475

MIC₅₀ and MIC₉₀ : sessile form



	Anid	Mica	Caspo	Fluoc	Itra	Fluco	Posa	Vori	AB
<i>C. albicans</i>									
MIC50	1	2	2	16	8	16	4	8	4
MIC90	4	4	4	32	16	128	8	32	4
<i>C. tropicalis</i>									
MIC50	2	2	8	16	4	48	4	2	2
MIC90	4	4	32	64	16	64	28,8	7,2	4
<i>C. glabrata</i>									
MIC50	0,5	0,5	2	2	3	96	1,5	1	1
MIC90	1	1	4	4,4	8,8	256	4,4	2	2,2
<i>C. parapsilosis</i>									
MIC50	1,5	2	4	12	8	32	12	1,5	2
MIC90	2,2	4	35,2	83,2	32	83,2	64	4,4	4,4
<i>C. dubliniensis</i>									
MIC50	2,5	2,5	3	18	36	4,5	10	6	1,5
MIC90	3,7	3,7	3,8	29,2	58,4	7,3	14,8	7,6	1,9
<i>C. guiliermondii</i>									
MIC50	5	3	5	6	12	17	8	1	3
MIC90	7,4	3,8	7,4	7,6	15,2	29	8	1	3,8
<i>C. lusitaniae</i>									
MIC50	2	1	3	34	2	2,5	8	1,5	1
MIC90	2	1	3,8	58	2	3,7	8	1,9	1

Mechanism of Resistance in a biofilm

- Penetration of drugs is diminished
- Inhibited growth of the organism
- Upregulated Gene expression of efflux pumps

Mechanisms of Antifungal Resistance

- **Multifactorial**
 - Efflux pumps
 - Variation in membrane sterol patterns
- Phase-dependent

Mukherjee *et al.*, (2003). *Infect. Immunity* 71(8):4333-4340

Antimicrobial Agents with Reduced Efficacy Against Microorganisms in Biofilms

Biocides

Amphoteric surfactants	Hydrogen peroxide
2,2-Diromo-3-nitrilopropionamide	Iodine
2-Bromo-2-nitro-1,3-propanediol	Isothiazolone
Benzalkonium chloride	Monochloramine
Cetylpyridinium chloride	Ozone
Chlorhexidine	Peracetic acid
Chlorine	Polyhexamethylene biguanide
Chlorine dioxide	Potassium monopersulfate
Chlorosulfamate	Povidone iodine
Formaldehyde	Triclosan
Glutaraldehyde	

Antibiotics

Amikacin	Fosfomycin
Amphotericin B	Gentamicin
Ampicillin	Metronidazole
Aztreonam	Novobiocin
Cefazolin	Ofloxacin
Ceftazidime	Piperacillin
Cefuroxime	Rifampin
Ciprofloxacin	Tetracycline
Clindamycin	Tobramycin
Erythromycin	Trimethoprim-sulfamethoxazole
Fluconazole	Vancomycin

Prevention of Biofilm formation

Silver zeolite-impregnated CVC and CVC related colonisation in the ICU

Type of catheter	Outcome		
	No growth (%)	Colonisation (%)	Total
Silver zeolite-impregnated	51 (41.8)	71 (58.2)*	122
Control	33 (26.6)	91 (73.4)*	124

*P-value (<0.025).

The overall incidence of catheter tip colonisation

Episodes of CR-BSI	Isolates from silver zeolite-impregnated CVC	Isolates from control CVC
Definitive episodes		
Coagulase negative staphylococci	3	0
<i>Staphylococcus aureus</i>	1	1
<i>Enterococcus</i> species	0	1
<i>Candida albicans</i>	0	2
Suspected episodes unrelated to catheter		
<i>Streptococcus pneumoniae</i>	1	0
Coagulase negative staphylococci	2	1
No growth	5	4
Total	12	9

Microbiological analysis of clinically suspected episodes of CR-BSI

Strategy to Study Biofilms

- **Optimization of a Biofilm Model**

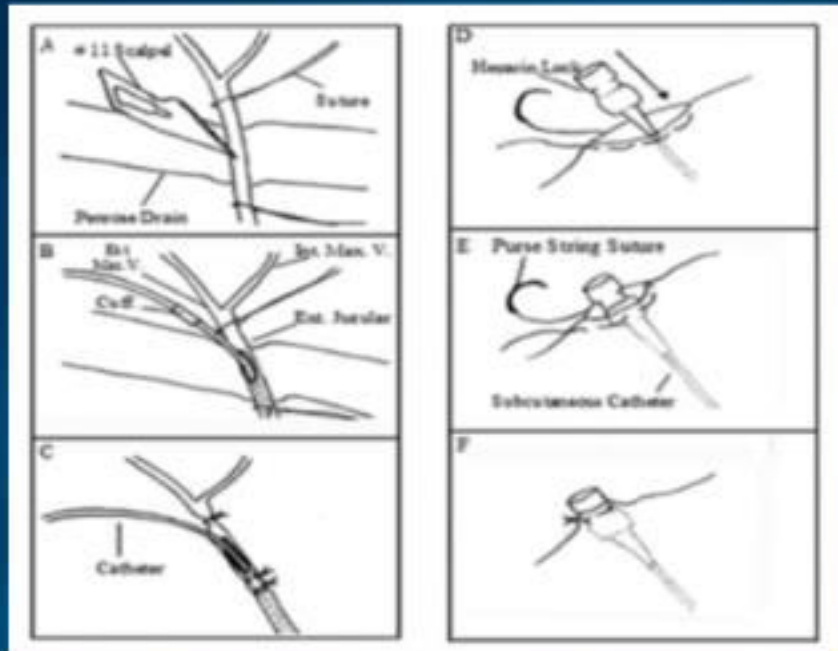
- Determination of optimal conditions for the growth of **reproducible** *C. albicans* biofilms on bio-prosthetic surfaces
- Quantitation of biofilm growth

- **Investigation of Biofilm Development and Architecture**

- Visualization of biofilm: scanning electron, fluorescence and confocal microscopic analyses.



Development of an *in vivo* *C. albicans* Catheter-Associated Biofilm Model



Catheter insertion and attachment of the heparin lock device



Postoperative venogram of catheter placement

Targetting Micobes

- Blast them
- Fool them
- Do not irritate them